




Oasis

Wellness

Elevate your Mind, Body & Soul



Our spa is a sanctuary created to calm the senses and restore inner harmony. Soft lighting, soothing aromas, and the gentle rhythm of healing ragas come together to form an atmosphere of deep serenity.

Every treatment is carefully designed to balance body, mind, and spirit from revitalizing massages to nature inspired holistic therapies that renew you from within.

Relax in our cozy lounge, enjoy calming herbal infusions, and allow our expert therapists to guide you into a state of complete relaxation.

Elevate your well-being in the serene ambiance of



THE GRAND
NEW DELHI



Awaken. Align. Attune ...

Your journey starts with Tratak, a meditative flame practice that deepens awareness and brings mental clarity, followed by Aura Balance & Sound Healing a transformative therapy that gently restores energetic flow and vibrational harmony.

Built on this grounding experience, each therapy naturally unfolds into deeper relaxation, renewal, and a profound sense of overall well-being.



Our Therapies

Soothe the senses with personalized massage therapy, releasing deep tension and restoring natural inner balance and calm.

Aromatherapy

Duration 60/90 | Cost Rs. 6000/7000

Designed to invigorate and renew, skilled therapists use classic strokes and pressure techniques to release tension and restore vitality.

Balinese

Duration 60/90 | Cost Rs. 6500/7000

A traditional Balinese full-body therapy with gentle stretching, acupressure, and aromatic oils to release tension, restore balance, and rejuvenate energy.

Lomi Lomi

Duration 60/90 | Cost Rs. 6000/7000

Experience traditional Hawaiian massage with flowing strokes that ease tension, improve circulation, and restore inner peace.

Deep Tissue


Duration 60/90 | Cost Rs. 7000/8000

A deep, focused massage that relieves muscle tension, reduces soreness, and improves movement with firm, therapeutic pressure.

Lymph Flow Therapy

Duration 45/60 | Cost Rs. 5000/6000

A gentle therapy that improves lymph flow, reduces swelling, detoxifies the body, and promotes relaxation and wellness.





Body Scrub

A nourishing exfoliation treatment crafted from natural, skin-loving ingredients found in your kitchen such as honey, coconut, wild turmeric and coffee.

This wholesome blend gently buffs away dull skin, leaving it smooth, radiant, and deeply hydrate.

Organic Jasmine Rice

Duration 20 mins | Cost Rs. 3000

A gentle & natural exfoliation using finely ground rice grains to purify, smooth, and brighten the skin. Infused with fresh coconut milk & honey.

This ritual restores balance and leaves the body renewed with a radiant glow.

Coffee & Coconut

Duration 20 mins | Cost Rs. 3000

An invigorating exfoliation using finely ground coffee to buff away dull skin, boost circulation, and awaken the senses.

Leaves your skin smooth, toned, and beautifully refreshed.



Body Wrap

A warm cocoon wrap inspired by traditional Indian herbs & mud , gently nourishes the skin for a radiant, soft, and glowing complexion.

Bridal Ubtan

Duration 20 mins | Cost Rs. 3000

Bridal ubtan is a timeless beauty ritual, a delicate blend of natural powders, herbs, and floral essences. With its earthy hues and fragrant textures, it evokes a sense of purity, tradition, and self-care, turning the act of skincare into a soulful, sensory experience.

Sea Vitality Wrap

Duration 20 mins | Cost Rs. 3000

A timeless healing ritual with essential aquo marine algae, designed to purify, soothe, and unveil the skin's natural radiance.





Scrub & Wrap

Duration 25 mins | Cost Rs. 2500

A rejuvenating duo that exfoliates, nourishes, and hydrates the skin, leaving it silky-smooth, refreshed, and radiant.

Please note: All scrubs and wraps include a complimentary warm thermal wrap, thoughtfully added to enhance your relaxation and overall comfort throughout the experience.



Signature Experience

Our signature therapies are thoughtfully designed to harmonize you, offering a deeply rejuvenating bespoke experience. Enhanced with refreshing steam infused with fresh kaffir lime essence, these sensory ritual uplifts the senses, boosts Vitamin C, and leaves the skin radiant, glowing, and beautifully revitalized.

Kansa

Duration 75/90 | Cost Rs. 8500/9500

An ancient Ayurvedic treatment using the Kansa wand to massage and balance the body's energy. It soothes muscles, rejuvenates the skin, and promotes deep relaxation, leaving you refreshed and harmonized.

Hot Stone

Duration 75/90 | Cost Rs. 8500/9500

A harmonious dance of warmth and coolness, where heated and chilled stones glide over the body to melt tension, awaken circulation, and restore inner balance leaving you deeply relaxed and rejuvenated.

Bamboo Therapy

Duration 75/90 | Cost Rs. 8500/9500

A nurturing massage using smooth bamboo sticks to ease muscle tension, stimulate circulation, and harmonize the body leaving you refreshed, revitalized, and balanced.



Cold Lava shell

Duration 75/90 | Cost Rs. 8500/9500

This indulgent treatment uses self-heating & cold lava shells filled with natural minerals to gently release tension, ease muscle stiffness, and promote deep relaxation. The comforting warmth of the shells enhances circulation and melts away stress, leaving your body renewed and your mind serene.

Warm Potli Therapy

Duration 75/90 | Cost Rs. 8500/9500

The rhythmic warm and ayurvedic herbs create a sensory journey that restores balance, vitality, and inner calm are gently pressed and massaged over the body an exclusive blend of tradition and luxury for total rejuvenation.



Sattva Healing Experience

Indulge in our range of foot therapies designed to soothe tired soles, improve circulation, and restore overall balance. From deeply relaxing massages to revitalizing rituals, each treatment eases tension, softens the skin, and leaves your feet feeling refreshed, renewed, and beautifully cared for.

Abhyanga

Duration 60 mins | Cost Rs. 7500

A traditional warm herbal oil massage that nourishes the body, improves circulation, relieves stress, and promotes deep relaxation followed by Indian herbs scrub & herb infused bath.

Shirodhara

Duration 60mins | Cost Rs. 6000

A continuous flow of warm herbal oil poured over the forehead to calm the nervous system, reduce anxiety, improve sleep, and enhance mental clarity.



Udwardhana

Duration 45 mins | Cost Rs. 5000

Udwardhana is an Ayurvedic dry powder massage performed with upward strokes using herbal formulations. It supports gentle exfoliation, stimulates circulation, and promotes overall skin health, leaving the body feeling refreshed and revitalized.

Back & Shoulder Therapy

(Kati & Greeva Basti)

Duration 45 mins | Cost Rs. 5700

Focused warm oil therapy for the back, neck, and shoulders to relieve tension, ease muscle stiffness, followed by warm herbs compression to support spinal health.

Knee Therapy (Janu Basti)

Duration 45 mins | Cost Rs. 5000

A targeted herbal oil treatment for knee pain and stiffness. Helps lubricate joints, reduce inflammation, and improve mobility.



Sole Experience

Indulge in our range of foot therapies designed to soothe tired soles, improve circulation, and restore overall balance. From deeply relaxing massages to revitalizing rituals, each treatment eases tension, softens the skin, and leaves your feet feeling refreshed, renewed, and beautifully cared for.

Sole Healing

Duration 30/45 | Cost Rs. 2500/3000

Indulge in a calming massage that relieves stress and renews your natural sense of ease.

Kansa Vitality

Duration 30/45 | Cost Rs. 4500/5000

Reconnect with the earth's energy as the healing Kansa metal releases tension and restores harmony from sole to soul.



Zong Shi

Duration 30/45 | Cost Rs. 4500/5000

Inspired by Traditional Chinese therapy, stimulating reflex points on the feet.

Warm Indian Herb Potli

Duration 30/45 | Cost Rs. 4500/5000

Herbal-wrapped warmth for tired feet. Relax, rejuvenate, and restore your natural energy flow.



Spa Enhancements

Elevate your experience with our curated enhancements, designed to complement your treatment and extend relaxation.

Express Back Therapy

Duration 45 mins | Cost Rs. 4500

A restorative ritual that releases deep-seated tension and invites total relaxation. Feel your energy flow freely once more.

Scalp Massage

Duration 20 mins | Cost Rs. 1500

Experience the traditional Indian head massage that relaxes your mind, relieves tension, and promotes healthy hair growth.

Express Eyes

Duration 15 mins | Cost Rs. 1800

A serene touch of cool comfort for weary eyes. This delicately crafted treatment uses refreshing cooling agents to calm, de-puff, and revive the eye area. Softening signs of fatigue, it leaves the eyes feeling lighter, brighter, and beautifully refreshed like a quiet moment of calm for the soul.



Hydrating Lips

Duration 15 mins | Cost Rs. 1500

A nourishing finishing touch after your facial, this hydrating lip treatment deeply moisturizes and softens the lips. Infused with replenishing ingredients, it restores smoothness, enhances natural fullness, and leaves your lips feeling supple, comforted, and beautifully refreshed.

Head, Neck & Shoulder (Dry therapy)

Duration 25 mins | Cost Rs. 2500

Focused care for your back, neck, and shoulders unwind, reset, and let tension fade away.



Skin Care

"Experience luxurious skin rituals designed to rejuvenate, hydrate, and illuminate, leaving your complexion radiant and your senses refreshed.

Signature Facial

Duration 75 mins | Cost Rs. 7500

Experience a botanical-infused lava shell ritual that melts away tension while replenishing and illuminating your skin.

Facial

Duration 60 mins | Cost Rs. 6000

A luxurious facial using botanical extracts to relax muscles, revitalize, soothe, and nourish the skin, leaving it radiant and glowing.

Skin Care for Men

Duration 45 mins | Cost Rs. 4500

A tailored treatment to detoxify, hydrate, and invigorate men's skin, leaving it smooth, energized, and refreshed.

Gentle Ritual

Duration 30 mins | Cost Rs. 3500

A quick cleansing ritual that refreshes and revitalizes, leaving skin smooth, glowing, and perfectly polished.





Spa Packages

Our spa packages are elegantly curated experiences that combine select therapies into a seamless journey of relaxation and renewal, offering exceptional value and a truly indulgent escape.

Amour

Duration 120/150 | Cost Rs. 10000/12000

A self-care spa experience featuring handpicked therapies, thoughtfully curated to nurture the body, calm the mind, and celebrate the art of loving yourself.

Togetherhness

Duration 120/150 | Cost Rs. 18000/23000

Our Couple Spa Package is a shared journey of relaxation, designed for two to unwind together in a serene, intimate setting while enjoying harmonizing treatments that restore balance, connection, and calm.



Salon Services

Step into our studio salon, an inviting space where artistry and care come together.

We focus on enhancing your natural features through precise, mindful, and personalized beauty service.

Luxury Manicure

Duration 45 mins | Cost Rs. 1500

A refined hand ritual that shapes, nourishes, and restores beauty to your hands, leaving them soft, polished, and elegantly groomed.

Luxury Pedicure

Duration 60 mins | Cost Rs. 2500

An indulgent foot care experience that soothes tired soles, smooths skin, and restores freshness for beautifully renewed feet.



Express Away

Duration 45 mins | Cost Rs. 3000

A time-efficient grooming ritual designed for the fast-paced lifestyle of the modern city.

This combined service quickly refreshes hands and feet shaping nails, refining cuticles, and restoring softness leaving you perfectly polished, renewed, and ready to move through your day with ease.



Hair Lounge

Our hair services are crafted to deliver refined care and effortless style. From precision cuts that enhance your natural features, to customized color services that add depth and dimension, and indulgent hair spa rituals that restore strength and shine.

Hair Wash & Cut

Duration 30 mins | Cost Rs. 1200 onwards

A tailored hair cutting experience for both men and women, designed to complement individual style and facial features.

Each cut is recommended with a professional wash ritual to cleanse, refresh, and prepare the hair, ensuring precision, better manageability, and a flawless, well-finished result.

Hair Color

Duration 60 mins | Cost Rs. 1500 onwards

A gentle, plant-based hair colouring experience enriched with up to 80% natural ingredients. This advanced formula offers beautiful, vibrant tones while helping to nourish and respect the hair's natural balance.

Hair wash & Blow Dry

Duration 30 mins | Cost Rs. 2000 onwards

A refreshing cleanse followed by expert blow-drying to leave your hair smooth, voluminous, and perfectly styled. This quick service adds polish, bounce, and effortless elegance to your look.

Hair Spa

Duration 45 mins | Cost Rs. 2000 Onwards

Derived from high-quality, plant-based ingredients, this treatment deeply nourishes, restores moisture, and revitalizes hair health from within leaving your hair silky, strong, and naturally radiant with a touch of conscious care.

Waxing

A designed for superior comfort and efficiency. This advanced formula adheres only to hair, not the skin, ensuring a gentler application with reduced discomfort. It leaves the skin exceptionally smooth, soft, and refined with long-lasting results.

Hair Spa

A deeply restorative treatment that nourishes the scalp and hair, improving strength, shine, and overall hair health while promoting relaxation.

Hair Cut & Color

A bespoke styling experience combining expert cutting and customized color to enhance your features and express your individual style with elegance.

Spa Disclaimer

For your safety and comfort, please inform our therapists of any medical conditions, allergies, or injuries before your treatment. Spa treatments are intended for relaxation and wellness purposes and are not a substitute for medical care. We reserve the right to refuse service if a treatment is deemed unsafe.



Spa Policy

For your safety and comfort, please inform our therapists of any medical conditions, allergies, or injuries before your treatment. Spa treatments are intended for relaxation and wellness purposes and are not a substitute for medical care. We reserve the right to refuse service if a treatment is deemed unsafe.

Appointments: Please arrive at least 15 minutes before your scheduled service to allow time for relaxation and consultation. Late arrivals may shorten treatment time.

Cancellations: Kindly provide a minimum of 4–6 hours' notice for any cancellations or rescheduling. A charge of 30% of the scheduled service will apply for late cancellations or changes.

Health Concerns: Kindly inform your therapist of any medical conditions, allergies, or injuries before your treatment.


Quiet Environment: To maintain a peaceful atmosphere, please silence mobile devices and speak softly within spa areas.

Valuables: We recommend leaving valuables at home; the spa cannot be held responsible for lost items.

Attire & Comfort: Your comfort is our priority. Professional draping is maintained at all times during treatments.

Age Policy: Guests under 16 must be accompanied by a guardian or have prior approval for selected treatments.

All prices are subject to change without prior notice.
Applicable taxes and service charges may apply.





The Grand, Phase-2, Pocket 4, Nelson Mandela Marg,
Vasant Kunj, Delhi-110070